

# Lidingöloppet bästalista samtliga klasser t:o:m: 2022

TID	NAMN	KLUBB/ORT	FÖDD	ÅR	PL.
<b>M 30 KM</b>					
01:33:33	Isaac Chemobo	Kenya / Kenya	1973	1998	1
01:34:27	Philip Rugut	Kenya / Kenya	1977	1998	2
01:34:54	Lewis Korir	Kenya / Kenya	1986	2011	1
01:35:14	William Musyoki	Kenya / Kenya	1966	1996	1
01:35:16	Isaac Chemobo	Kenya / Kenya	1973	1997	1
01:35:23	Lewis Korir	Kenya / Kenya	1986	2013	1
01:35:26	Lewis Korir	Kenya / Kenya	1986	2012	1
01:35:51	Barnabas Kosgei	Kenya / Kenya	1969	2000	1
01:35:59	Wilson Omwoyo	Kenya / Kenya	1965	1996	2
01:36:00	Jimmy Muindi	Kenya / Kenya	1973	1996	3
01:36:01	Paul Evans	Storbritannien / United Kingdom	1961	1995	1
01:36:01	Barnabas Kosgei	Kenya / Kenya	1969	1999	1
01:36:06	Benson Masya	Kenya / Kenya	1970	1995	2
01:36:09	William Musyoki	Kenya / Kenya	1966	1995	3
01:36:10	Douglas Wakiihuri	Kenya	1963	1989	1
01:36:11	Jimmy Muindi	Kenya / Kenya	1973	1995	4
01:36:19	William Musyoki	Kenya / Kenya	1966	1997	2
01:36:20	Jimmy Muindi	Kenya / Kenya	1973	1997	3
01:36:30	Japhet Kipkorir	Sävedalens AIK /	1981	2010	1
01:36:36	Philip Kipsang Rugut	Kenya / Kenya	1977	1996	4
01:36:38	Suleiman Nyambui	Tanzania	1953	1986	1
01:36:51	Agustus Kavutu	Kenya / Kenya	1977	2002	1
01:36:51	Allan Zachariasen	Danmark	1955	1986	2
01:36:51	Agustus Mbusya	Kenya	1977	2002	1
01:36:55	Samuel Russom	Hässelby SK / Eritrea	1991	2021	1
01:36:59	Wilson Omwoyo	Kenya / Kenya	1965	1998	3
01:37:02	Julius Korir	Kenya / Kenya	1958	1996	5
01:37:02	Benson Masya	Kenya	1970	1994	1
01:37:04	William Musyoki	Kenya	1966	1994	2
01:37:10	Mustafa Mohamed	Hälle IF / Sverige	1979	2008	1
01:37:12	Lewis Korir	Kenya / Kenya	1986	2014	1
01:37:12	Benson Masya	Kenya	1970	1992	1
01:37:12	Nema Tuluway	Tanzania	1974	1994	3
01:37:22	Neema Tuluway	/	1974	1995	5
01:37:22	Nema Tuluway	Tanzania	1974	1995	5
01:37:23	João Lopes	Portugal /	1967	1998	4
01:37:23	Japhet Kipkorir	Sävedalens AIK /	1981	2008	2
01:37:23	Joao Lopes	Portugal	1967	1998	4
01:37:24	Magnus Bergman	Enhörna IF /	1968	1993	1
01:37:24	Magnus Bergman	Upsala IF	1968	1992	2
01:37:25	Francis- Robert Nali	/	1973	1995	6
01:37:25	Francis-Robert Naali	Tanzania	1973	1995	6
01:37:26	Tommy Ekblom	Finland	1959	1988	1
01:37:26	Jimmy Muindi	Kenya	1973	1994	4
01:37:29	Mustafa Mohamed	Hälle IF / Sverige	1979	2003	1
01:37:29	Josphat Ndeti	Kenya	1973	1993	1
01:37:30	Jimmy Muindi	Kenya	1973	1993	2
01:37:36	Hosea Kibyego	Kenya / Kenya	1900	2003	2
01:37:36	William Morwabe	Kenya / Kenya	1987	2015	1
01:37:39	Silas Sang	Kenya /	1978	2005	1
01:37:39	Gelinda Bordin	Italien	1959	1986	3
01:37:40	Josphat Ndeti	Kenya / Kenya	1973	1997	4
01:37:40	Benson Masya	Kenya / Kenya	1970	1996	6
01:37:40	Samwel Maritim	Kenya	1964	1993	3

01:37:41	Napoleon Solomon	Turebergs FK / Sverige	1994	2018	1
01:37:45	Simon Robert Naali	Tanzania	19	1990	1
01:37:46	Tomas Naali	Tanzania	19	1990	2
01:37:48	Japhet Kipkorir	Kenya /	1981	2015	2
01:37:51	Japhet Kipkorir	Kenya /	1981	2016	1
01:37:51	Knut Kvalheim	Norge	1951	1980	1
01:37:52	Desto Kibrom	Ethiopia / Ethiopia	1993	2016	2
01:37:52	Jarl Gaute Aase	Norge	1959	1988	2
01:37:54	Robel Fsiha	Spårvägens FK / Sverige	1996	2019	1
01:37:56	Joshua Kipkemboi	Kenya / Kenya	1959	1996	7
01:37:59	Isaac Chembobo	Kenya / Kenya	1900	1999	2
01:37:59	Samuel Tsegay	Hälle IF / Sverige	1988	2022	1
01:38:01	Geoffrey Tanui	Kenya / Kenya	1971	1999	3
01:38:03	Lema Abere Chane	Etiopien / Ethiopia	1985	2014	2
01:38:05	Öivind Dahl	Norge	1951	1979	1
01:38:06	Pär Wallin	Spårvägens GOIF	1955	1986	4
01:38:10	Håkan Börjesson	IF Hagen	1963	1989	2
01:38:12	Johnstone Chebii Kemboi	Kenya / Kenya	1968	2002	2
01:38:12	Kemboi Johnstone	Kenya	1968	2002	2
01:38:13	Jimmy Muindi	Kenya / Kenya	1973	2000	2
01:38:15	Patrick Boiyo	/ Kenya	1900	1999	4
01:38:15	Hosea Kiplagat Twei	Kenya /	1987	2015	3
01:38:17	Tommy Ekblom	Finland	1959	1987	1
01:38:19	Nicholas Kibet	Kenya /	1977	2002	3
01:38:21	Ergobert Naali	Tanzania / Tanzania	1901	2000	3
01:38:21	Reino Paukkonen	Finland	1946	1973	1
01:38:22	Harri Hänninen	Finland	1963	1996	8
01:38:23	Jarl Gaute Aase	Norge	1959	1982	1

**K 30 KM**

01:51:56	Sylvia Medugu	Køge /	1990	2019	1
01:52:56	Yesimebet Tadesse	Norway /	1988	2019	2
01:52:56	Hanna Lindholm	Huddinge AIS / Sverige	1979	2019	3
01:52:59	Sylvia Medugu	Sparta /	1990	2018	1
01:53:13	Lena Gavelin	/ Sverige	1974	2002	1
01:53:20	Anna Rahm	Rånäs 4H / Sverige	1981	2008	1
01:53:51	Annie Bersagel	Tjalve /	1983	2018	2
01:54:16	Hanna Lindholm	Huddinge AIS / Sverige	1979	2018	3
01:54:31	Johanna Eriksson	Motala AIF / Sverige	1981	2018	4
01:54:32	Lena Gavelin	Trångsvikens IF / Sverige	1974	2004	1
01:54:56	Sylvia Medugu	Saucony / Kenya	1990	2022	1
01:55:02	Sylvia Medugu	Kenya	1990	2021	1
01:55:04	Mikaela Larsson	Spårvägens FK / Sverige	1985	2018	5
01:55:19	Maria Larsson	Örgryte IS / Sverige	1994	2017	1
01:55:21	Samrawit Mengsteab	Hälle IF / Sverige	1990	2022	2
01:55:43	Lena Gavelin	Trångsvikens IF / Sverige	1974	2008	2
01:55:48	Ida Nilsson	Högby IF /	1981	2018	6
01:55:53	Maria Larsson	Örgryte IS	1994	2016	1
01:56:21	Ida-maria Nicklasson	Finspångs AIK / Sverige	1986	2017	2
01:56:53	Maria Larsson	Örgryte IS / Sverige	1994	2016	1
01:56:55	Helene Willix	Spårvägen Friidrott /	1974	1997	1
01:57:08	Ida Nilsson	Högby IF / Sverige	1981	2017	3
01:57:27	Annelie Johansson	IK Ymer / Sverige	1978	2014	1
01:57:34	Isabellah Andersson	Oskarshamns SK / Sverige	1980	2007	1
01:57:46	Malin Ewerlöf	Spårvägens FK / Sverige	1972	2009	1
01:57:46	Malin Ewerlöf Krepp	Spårvägen Friidrott	1972	2009	1
01:57:50	Therese Olin	Ullevi FK / Sverige	1982	2013	1
01:57:51	Linnéa Sennström	Hässelby SK / Sverige	2000	2021	2
01:58:12	Samrawit Mengsteab	Hälle IF / Sverige	1990	2021	3
01:58:14	Annelie Johansson	Hälle IF / Sverige	1978	2015	1
01:58:26	Helena Olofsson	Rånäs 4H / Sverige	1978	2003	1
01:58:28	Isabellah Andersson	Hässelby SK / Sverige	1980	2014	2
01:58:39	Lena Gavelin	Trångsvikens IF / Sverige	1974	2005	1
01:58:41	Leonie Balter	FK Studenterna / Netherlands	1991	2022	3
01:58:45	Helene Willix	Spårvägen Friidrott / Sverige	1974	2002	2
01:58:45	Emma Nordling	Enhörna IF / Sverige	1985	2014	3
01:58:48	Ida Nilsson	Högby IF / Sverige	1981	2015	2
01:58:50	Malin Ewerlöf	IFK Lidingö Friidrott / Sverige	1972	2016	2
01:59:05	Sandra Eriksson	IF Nykarlebynejden /	1989	2013	2
01:59:14	Tefera Hiwat	Ethiopia /	1992	2017	4
01:59:21	Annelie Johansson	SOK Knallen / Sverige	1978	2013	3
01:59:36	Hanna Lindholm	Huddinge AIS / Sverige	1979	2017	5
01:59:52	Yoie Bohlin	IK Norrköping Friidrott/Norrköping / Sverige	1990	2008	3
01:59:52	Johanna Bohlin	IK Norrköping	1990	2008	3
01:59:54	Sandra Eriksson	IF Nykarlebynejden /	1989	2012	1
02:00:00	Lena Gavelin	Trångsvikens IF / Sverige	1974	2006	1
02:00:08	Malin Ewerlöf	IFK Lidingö Friidrott / Sverige	1972	2015	3
02:00:37	Annelie Johansson	Hälle IF / Sverige	1978	2018	7
02:00:38	Malin Ewerlöf	Spårvägen Friidrott / Sverige	1972	2003	2
02:00:40	Ulrika Johansson	Rånäs 4H	1975	2010	1
02:00:40	Johanna Eriksson	Motala AIF / Sverige	1981	2019	4
02:00:50	Malin Ewerlöf	Spårvägen FI / Sverige	1972	2005	2
02:00:50	Malin Ewerlöf Krepp	Spårvägen Friidrott	1972	2005	2
02:01:11	Johanna Bäcklund	Rånäs 4H / Sverige	1985	2012	2
02:01:12	Maija Oravamäki	Oulun Pyrintö / Finland	1974	2007	2

**K 15 KM t:o:m: -97**

00:51:03	Grete Waitz	Norge	1953	1980	1
00:51:15	Sara Wedlund	Hässelby SK	1975	1996	1
00:51:52	Grete Waitz	Norge	1953	1978	1
00:51:58	Annemari Sandell	Finland	1977	1996	2
00:51:58	Ingrid Kristiansen	Norge	1956	1987	1
00:52:07	Grete Waitz	Norge	1953	1983	1
00:52:08	Grete Waitz	Norge	1953	1982	1
00:52:19	Annemari Sandell	Finland	1977	1997	1
00:52:34	Annemari Sandell	Finland	1977	1995	1
00:53:05	Grete Waitz	Norge	1953	1979	1
00:53:05	Grete Waitz	Norge	1953	1977	1
00:53:07	Malin Wästlund	IF Spexarna	1964	1987	2
00:53:07	Sara Wedlund	Hässelby SK	1975	1995	2
00:53:12	Grete Waitz	Norge	1953	1986	1
00:53:14	Catheria McKiernan	Irland	1969	1996	3
00:53:18	Grete Waitz	Norge	1953	1981	1
00:53:20	Grte Waitz	Norge	1953	1985	1
00:53:22	Tecla Loroupe	Kenya	1973	1992	1
00:53:23	Tecla Louroupe	Kenya	1973	1994	1
00:53:24	Anita Håkenstad	Norge	1968	1992	2
00:53:28	Grete Waitz	Norge	1953	1988	1
00:53:30	Annemari Sandell	Finland	1977	1993	1
00:53:48	Sara Wedlund	Hässelby SK	1975	1997	2
00:53:52	Grete Waitz	Norge	1953	1984	1
00:53:54	Catherina McKiernan	Irland	1969	1994	2
00:54:13	Ingrid Kristiansen	Norge	1956	1982	2
00:54:15	Hellen Kimayio	Kenya	1968	1995	3
00:54:17	Wang Yanfang	Kina	1971	1991	1
00:54:17	Päivi Tikkanen	Finland	1960	1994	3
00:54:28	Grete Kirkeberg	Norge	1964	1986	2
00:54:37	Annemari Sandell	Finland	1977	1992	3
00:54:38	Grete Kirkeberg	Norge	1964	1991	2

**K 15 KM 1998-2001**

00:53:52	Annemari Sandell	Finland	1977	1998	1
00:54:35	Annemari Sandell	Finland	1977	1999	1
00:54:47	Stine Larsen	Norge	1975	2000	1
00:55:02	Florence Barosio	Kenya		2000	2
00:55:21	Gunhild Halle	Norge	1972	1999	2
00:55:43	Marie Söderström-Lundberg	Hässelby SK	1960	1998	2
00:55:53	Hilde Hovdenak	Norge	1971	1998	3
00:55:57	Marie Söderström-Lundberg	Hässelby SK	1960	1999	3
00:56:08	Gunhild Halle Haugen	Norge		2001	1
00:56:33	Monica Pont	Spanien	1969	1998	4
00:56:39	Lena Gavelin	Jamtrennarna Brunflo IF	1974	2001	2
00:56:41	Marie Söderström-Lundberg	Hässelby SK	1960	2000	3
00:56:47	Janet Ongera	Kenya	1980	2001	3
00:56:47	Mia Larsson	IFK Lund	1981	2001	4
00:57:26	Hilde Hovdemark	Norge	1971	1999	4
00:57:32	Garce Misati	Kenya		2000	4
00:57:36	Fatima Silva	Portugal	1970	1998	5
00:57:37	Susanne Wigene	Norge	1978	1998	6
00:57:55	Bente Landoy	Norge	1972	2000	5
00:58:07	Camilla Benjaminsson	Hässelby SK	1966	2000	7
00:58:14	Heléne Willix	KA1 IF	1974	1998	7

**M22 15 KM (M20 tom 1987) t:o:m: -97**

00:49:01	Christian Karlsson	IFK Halmstad	1974	1994	1
00:49:08	Jussi Utriainen	Finland	1978	1997	1
00:49:11	Bo Orrsveden	Duvbo IK	1959	1978	1
00:49:17	Anders Aukland	Norge	1972	1993	1
00:49:18	Samuli Vasala	Finland	1976	1997	2
00:49:23	Pasi Mattila	Finland	1970	1992	2
00:49:25	Santu Mäkinen	Finland	1970	1991	1
00:49:26	Johan Swärd	Eksjö Södra IK	1972	1991	2
00:49:32	Samuli Vasala	Finland	1976	1996	1
00:49:34	Geir Glasö	Norge	1972	1992	3
00:49:38	Henno Hava	Estland	1973	1992	4
00:49:40	Karl Johan Rasmussen	Norge	1973	1992	5
00:49:40	Anders Aukland	Norge	1972	1993	1
00:49:40	Jussi Virtanen	Finland	1976	1996	2

**M22 15 KM 1998-2003**

00:50:22	Jussi Utriainen	Finland	1978	2000	1
00:50:40	Samuli Vasala	Finland	1976	1998	1
00:51:21	Ingemund Askeland	Norge	1981	2001	1
00:51:27	Mårten Boström	Sjundeå IF Finland	1982	2003	1
00:51:39	Mats Granström	Eksjö Södra IK	1983	2003	2
00:51:45	Kjetil Ramstad	Norge	1979	2001	2
00:52:00	Henrik Nyström	Västerås Friidrott	1982	2002	1
00:52:05	Clas Jansson	Kvarnsvedens FIK	1982	2002	2
00:52:08	Erik Öhlund	Hälle IF	1980	2001	3
00:52:13	Oskar Käck	IF Hagen	1982	2003	3
00:52:14	Gustav Svedbrant	Spårvägen FK	1981	2000	2
00:52:17	Mårten Boström	Sjundeå IF	1982	2002	3
00:52:23	Henrik Nyström		1982	2000	4
00:52:24	Gustav Berggren	Skellefteå AIK Friidrott	1976	1998	2
00:52:29	Peter Öhman	Spårvägen Friidrott	1976	1998	3
00:52:42	Martin Söderberg	IK Hakarpspojarna	1976	1998	4
00:52:46	Juha Vesala	TALLI2000, Finland	1980	2002	4

**M22 15 km fr:o:m: 2004**

00:47:03	Alexander Palm	Spårvägens FK / Sverige	1993	2014	1
00:47:58	Napoleon Solomon	Fredrikshofs Friidrottsförening / Sverige	1994	2015	1
00:48:09	Simon Sundström	IFK Lidingö Friidrott / Sverige	1998	2019	1
00:48:19	Mikael Ekvall	Strömstad Löparklubb / Sverige	1989	2010	1
00:48:24	Lars Johansson	Brittatorp TK / Sverige	1985	2005	1
00:48:26	Simon Sundström	IFK Lidingö Friidrott / Sverige	1998	2018	1
00:48:35	Yohannes Kiflay	Hässelby SK friidrott / Eritrea	2002	2022	1
00:48:37	Renat Bilyaletdinov	Kirovets / Russia	1983	2005	2
00:48:41	Andreas Åhwall	Hässelby SK / Sverige	1989	2011	1
00:48:48	Gabriel Steffensen	Mölnåls AIK / Sverige	1996	2018	2
00:48:52	Emanuel Gergis	Turebergs FK / Sverige	1996	2017	1

**P18 10 KM (uppdelat P17 och P19 fr:om: 2002)**

00:31:32	Tesfaye Bekele	Etiopien/Norge	1971	1989	1
00:31:45	Jussi Utriainen	Finland	1978	1996	1
00:32:03	Christian Karlsson	IFK Halmstad	1974	1992	1
00:32:06	Napoleon Solomon	Fredrikshof	1994	2012	1
00:32:07	Gustav Svedbrant	Spårvägen Friidrott	1981	1999	1
00:32:10	Karl-Johan Rasmusen	Norge	1973	1991	1
00:32:10	Samuli Vasala	Finland	1976	1994	1
00:32:11	Alexander Söderberg	Spårvägen Friidrott	1988	2007	1
00:32:12	Sindre Buraas	Hurdal IL	1989	2008	1
00:32:12	Yassin Abdi	Hässelby SK	1999	2018	1
00:32:15	Omar Nuur	IFK Växjö	2001	2018	1
00:32:16	Napoleon Solomon	Fredrikshof	1994	2011	1
00:32:19	Napoleon Solomon	Fredrikshof	1994	2013	1
00:32:20	Tuomas Jokinen	Finland	1987	2006	1
00:32:24	Andreas Jansson	Hässelby SK	1996	2014	1
00:32:26	Morgan Tollofsen	Dorotea IF	1970	1988	1
00:32:26	Andreas Jansson	Hässelby SK	1996	2013	1
00:32:28	Tuomas Jokinen	Liedon Parma, Finland	1987	2005	1
00:32:29	Morgan Tollofsen	Dorotea IF	1970	1987	1
00:32:29	Mustafa Mohamed	Hälle IF	1979	1997	1
00:32:31	Mustafa Mohamed	Hälle IF	1979	1996	2
00:32:33	Alexander Söderberg	Spårvägen Friidrott	1988	2006	2
00:32:36	Mats Granström	Eksjö Södra IK	1983	2002	1
00:32:36	Sindre Buraas	Hurdal, Norge	1989	2007	2
00:32:38	Lars Johansson	Brittatorps TK	1985	2004	1
00:32:40	Victor Dmitriev	S:t Petersburg	1984	2003	1
00:32:40	Emil Millán de la Olivia	Eskilstuna FI	2001	2018	2
00:32:41	Mikael Ekvall	Strömstad Löparklubb	1989	2008	2

**P17 och P19 10 km: fr:o:m: 2010**

00:31:56	Omar Nuur	IFK Växjö / Sverige	2001	2019	1
00:32:06	Napoleon Solomon	Fredrikshofs Friidrottsförening / Sverige	1994	2012	1
00:32:12	Yassin Abdi	Hässelby SK Friidrott / Somalia	1999	2018	1
00:32:15	Omar Nuur	IFK Växjö / Sverige	2001	2018	1
00:32:16	Napoleon Solomon	Fredrikshof / Sverige	1994	2011	1
00:32:19	Napoleon Solomon	Fredrikshofs Friidrottsförening / Sverige	1994	2013	1
00:32:24	Andreas Jansson	Hässelby SK / Sverige	1996	2014	1
00:32:26	Andreas Jansson	Hässelby SK / Sverige	1996	2013	1
00:32:28	Karl Ottfalk	IFK Lidingö Friidrott / Sverige	2006	2022	1
00:32:33	Gabriel Sandör	IK Akele / Sverige	1996	2015	1
00:32:35	Hassan Suldan	Ullevi FK / Sverige	1998	2015	1
00:32:35	Abdullahi Dahir Rabi	IL Runar / Norway	2003	2021	1
00:32:38	Anders Danielson Frost	DALA-JÄRNA IK / Sverige	2002	2021	2
00:32:40	Emil Millán De La Oliva	Eskilstuna FI / Sverige	2001	2018	2

**M50 15 KM t:o:m: -97**

00:53:24	Per-Gunnar Överland	Norge	1945	1995	1
00:54:01	Lars Ydreborg	IK Sisu	1939	1989	1
00:54:31	Per-Gunnar Överland	Norge	1945	1997	1
00:55:04	Bjarne Andersson	Valhall IK ,Mora	1940	1992	1
00:55:15	Bjarne Andersson	Valhall IK, Mora	1940	1991	1
00:55:32	Sture Axén	IFK Skövde	1943	1993	1
00:55:40	Kuno Österlund	Västerås FK	1938	1989	2
00:55:43	Oiva Niva	IF Hagen	1941	1991	2
00:55:44	Stig Jonsson	Kisa SK	1943	1993	2
00:55:46	Lars Strandh	Linköpings GIF	1930	1980	1
00:55:53	Rolf Lindkvist	IFK Göteborg	1946	1996	1

**M50 15 KM fr:o:m: 1998-2003**

00:56:23	Per-Gunnar Överland	Norge	1945	1998	1
00:57:21	Lars Wykman	IK Hakarpspojarna	1949	2000	1
00:57:53	Anders Risling	Bromma IF	1948	1998	2
00:58:03	Erik Gerdin	IK Hakarpspojarna	1951	2001	1
00:58:06	Per-Gunnar Överland	IL Sandvin, Norge	1945	2002	1
00:58:04	Odd Arvid Nilsen	Löplabbet Oslo	1947	2003	1
00:58:08	Bengt Hulander	Främmostad IK	1946	1998	3
00:58:08	Anders Risling	Bromma IF	1948	2000	2
00:58:13	Magnus Säveros	Nilivara IS	1946	1998	4
00:58:14	Anders Risling	Bromma IF	1948	1999	2
00:58:28	Vladimir Radaev	Silvia	1951	2001	2

**M50 15 km fr:o:m: 2004**

00:52:37	Anders Dahl	Högbo AIK / Sverige	1964	2016	1
00:53:32	Jaakko Kero	Turun Urheiluliitto / Finland	1972	2022	1
00:53:38	Anders Dahl	Högbo AIK / Sverige	1964	2018	1
00:53:55	Anders Dahl	Högbo AIK / Sverige	1964	2017	1
00:54:01	Göran Jonsson	IFK Umeå / Sverige	1969	2022	2
00:54:01	Anders Dahl	Högbo AIK / Sverige	1964	2019	1
00:54:36	Ulf Johansson	Enhörna IF / Sverige	1967	2019	2
00:54:41	Ulf Johansson	Enhörna IF / Sverige	1967	2018	2
00:54:50	Carl Johan Olofsgård	Hässelby SK / Sverige	1954	2005	1
00:54:52	Anders Dahl	Högbo AIK / Sverige	1964	2022	3
00:54:52	Thomas Sparr	IFK Mora Friidrotts klubb / Sverige	1963	2013	1
00:54:43	Göran Jonsson	IFK Umeå	1969	2021	1
00:55:02	Sören Persson	IF Göta Karlstad / Sverige	1965	2015	1
00:55:06	BG Nilensjö	IS Göta / Sverige	1963	2013	2

**M60 10 KM**

00:37:13	Arnold Waide	Rydsbruks IF	1926	1987	1
00:37:25	Lars Strandh	Linköpings Godtempl.IF	1930	1991	1
00:37:56	Rune Bergman	Värnamo SK	1924	1989	1
00:38:13	Lars Ydreborg	IK Sisu, Nässjö	1939	1999	1
00:38:18	Lars Strandh	Linköpingd GIF	1930	1992	1
00:38:19	Örjan Sandler	Vattudalens LDK	1940	2001	1
00:38:29	Tore Axelsson	Torsby Löparklubb / Sverige	1957	2019	1
00:38:32	Arnold Waide	Rydsbruks IF	1926	1986	1
00:38:38	Magnus Säveros	Nilivaara IS	1946	2008	1
00:38:38	Tore Axelsson	SK Bore	1957	2017	1
00:38:40	Ingvar Olausson	Heleneholms IF	1940	2000	1
00:38:41	Riku Kyllönen	Sundbybergs IK	1941	2001	2
00:38:44	Rune Bergman	Värnamo SK	1924	1990	1
00:38:45	Lars Ydreborg	IK Sisu, Nässjö	1939	2000	2
00:38:46	Gunnar Lotsberg	Fredrikshofs IF	1924	1986	2
00:38:48	Rune Bergman	Värnamo SK	1924	1987	2
00:38:50	Lars Strandh	Linköpings GIF	1930	1993	1
00:38:50	Örjan Sandler	Vattudalens LDK	1940	2000	3

**M70 10 KM (ny klass fr:om: 1997)**

00:40:41	Rune Bergman	Värnamo SK	1924	1994	1
00:43:25	Magnus Säveros	Nilivaara IS	1946	2018	1
00:43:29	Anders Hansson	Vilsta IK	1944	2016	1
00:43:55	Gösta Bergman	Strömnäs GIF	1916	1990	1
00:44:04	Gösta Johansson	IFK Gnesta	1919	1989	1
00:44:05	Anders Hansson	Vilsta IK	1944	2017	1
00:44:05	Anders Hansson	Vilsta IK ESKILSTUNA / Sverige	1944	2019	1
00:44:06	Rune Bergman	Värnamo SK	1924	1997	1
00:44:08	Kuno Österlund	Västerås SOK	1938	2008	1
00:44:11	Anders Hansson	Vilsta IK	1944	2015	1
00:44:12	Lars Strandh	IFK Linköpings friidrott	1930	2000	1
00:44:13	Miles Fleetwood	Uppsala LK	1941	2011	1
00:44:23	Anders Hansson	Vilsta IK	1944	2018	2
00:44:37	Miles Fleetwood	Uppsala LK	1941	2012	1
00:44:40	Per Gunnar Øverland	IL Sandvin	1945	2017	2
00:44:54	Sune Träskelin	Solf / Finland	1951	2021	1
00:45:06	Karl Erik Jansson	Hällefors LK	1916	1986	1
00:45:12	Gunnar Lotsberg	Täby LLK	1924	1995	1
00:45:15	Gösta Johansson	IFK Gnesta	1919	1992	1
00:45:17	Georg Samuelson	SK Ringen	1922	1993	1

**M80 4 KM (ny klass fr:om: 2010)**

00:21:19	Gunnar Nilsson	Heleneholms IF / Sverige	1933	2014	1
00:21:25	Gunnar Nilsson	Heleneholms IF / Sverige	1933	2013	1
00:21:35	Eric Berglund	Vallsta SK Arbrå / Sverige	1932	2013	2
00:21:50	Eric Berglund	Vallsta SK Arbrå / Sverige	1932	2012	1
00:22:22	Gunnar Nilsson	Heleneholms IF / Sverige	1933	2015	1
00:22:29	Eric Berglund	Vallsta SK / Sverige	1932	2015	2
00:22:47	Eric Berglund	Vallsta SK / Sverige	1932	2014	2
00:23:18	Gert-Arne Åkerberg	Laholms IF / Sverige	1931	2012	2
00:23:38	Gert-Arne Åkerberg	Laholms IF / Sverige	1931	2013	3
00:22:50	Ove Grönberg	Sverige	1941	2021	1



**K50 10 KM**

00:38:35	Grete Kirkeberg Mørk	IF Hellas / Norway	1964	2016	1
00:39:00	Evy Palm	Mölnadals AIK	1942	1993	1
00:39:01	Jutta Pedersen	Enhörna IF	1946	1996	1
00:39:28	Jutta Pedersen	Enhörna IF	1946	1997	1
00:39:53	Grete Kirkeberg Mørk	IF Hellas / Norway	1964	2017	1
00:40:42	Evy Palm	Mölnadals AIK	1942	1995	1
00:40:43	Jutta Pedersen	Enhörna IF	1946	1999	1
00:40:48	Jutta Pedersen	Enhörna IF	1946	1998	1
00:41:14	Synøve Brox	SK Vidar / Norway	1959	2015	1
00:41:17	Marie Olsson	Björnstorps IF	1963	2013	1
00:41:38	Mia Havinder	Björnstorps IF	1969	2021	1
00:41:42	Anita Kärrlander	Enhörna IF	1945	1995	2
00:41:51	Carina Rosén Eriksson	Annebergs GIF	1963	2013	2
00:41:57	Marie Olsson	Björnstorps IF	1963	2018	1
00:41:57	Meeri Bodelid	Högbo GIF	1943	1993	2
00:42:01	Gudrun Kvick-Fleetwood	Uppsala Löparklubb	1943	1995	3
00:42:03	Kari Madslin	Nydalens Skiklub	1966	2018	2
00:42:07	Jutta Pedersen	Enhörna IF	1946	2001	1
00:42:09	Meeri Bodelid	Högbo GIF	1943	1995	4
00:42:10	Evy Palm	Mölnadals AIK	1942	1994	1

**K60 10 KM: egen klass fr:o:m: 1995**

00:43:25	Synøve Brox	Norway / Norway	1959	2022	1
00:45:49	Ulla Johansson	SOK Knalle	1933	1993	1
00:45:53	Monica Kingstedt	Huddinge AIS	1961	2021	1
00:46:14	Ingegerd Gunnar	Åtvidabergs IF	1940	2000	1
00:46:14	Gudrun Fleetwood	Uppsala LK	1943	2006	1
00:46:16	Monica Lorentzon	Gagnefs IF	1945	2006	2
00:46:19	Ingegerd Gunnar	Åtvidabergs IF	1940	2001	1
00:46:30	Nina Melnikova	Kirovetc	1951	2011	1
00:46:35	Ann-Katrin Lundqvist	IK Sisu Nässjö	1954	2016	1
00:46:42	Lubov Pospeshina	IFK Skövde FK	1953	2015	1
00:46:48	Lubov Pospeshina	IFK Skövde FK	1953	2016	2
00:46:55	Gudrun Fleetwood	Uppsala LK	1943	2007	1
00:47:04	Ulla Johansson	SOK Knalle	1933	1995	1
00:47:17	Birgitta Eklund	Skellefteå AIK	1938	1998	1
00:47:17	Gudrun Fleetwood	Uppsala LK	1943	2005	1
00:47:17	Lubov Pospeshina	Fagersanna	1953	2018	1
00:47:35	Eva Lönnqvist	Ystads IF Friidrott	1956	2016	3
00:47:42	Ulla Johansson	SOK Knalle	1933	1996	1
00:47:45	Gudrun Fleetwood	Uppsala LK	1943	2004	1
00:47:45	Lubov Pospeshina	Fagersanna	1953	2017	1
00:47:50	Ulla Johansson	SOK Knalle	1933	1994	1
00:47:50	Ann-Katrin Lundqvist	IK Sisu Nässjö	1954	2018	2
00:47:57	Monica Lorentzon	Gagnefs IF	1945	2009	1
00:48:00	Birgitta Eklund	Skellefteå AIK Friidrott	1938	2000	2

**K70 10 KM: egen klass fr:o:m: 2008**

00:50:55	Monica Lorentzon	Gagnefs IF	1945	2016	1
00:51:32	Monica Lorentzon	Gagnefs IF	1945	2015	1
00:53:26	Ann-Britt Eriksson	IF Start / Sverige	1949	2019	1
00:53:37	Birgitta Jansson	Storådalens SK	1942	2013	1
00:54:18	Monica Lorentzon	Gagnefs IF	1945	2017	1
00:54:31	Mona Pavasson	Eskilstuna	1945	2016	2
00:54:46	Birgitta Jansson	Storådalens SK	1942	2012	1
00:54:53	Monica Lorentzon	Gagnefs IF	1945	2018	1
00:55:05	Eivor Lindgren	Fåker IK	1942	2012	2
00:55:11	Eivor Lindgren	Fåker IK	1942	2013	2
00:55:35	Asta Sjöberg	Lindebygdens OK	1938	2009	1
00:55:46	Ulla Johansson	SOK Knalle	1933	2008	1
00:55:47	Ingallil Utter	Åkersberga	1944	2015	2
00:55:49	Asta Sjöberg	Lindebygdens OK	1938	2011	1
00:55:50	Birgitta Eklund	Skellefteå AIK Friidrott	1938	2008	2

**K80 4 KM: ny klass fr:o:m: 2012**

00:24:24	Eivor Lindgren	Fåker IK / Sverige	1942	2022	1
00:24:30	Asta Sjöberg	Lindebygdens OK / Sverige	1938	2018	1
00:25:10	Birgitta Jansson	Storådalens SK / Sverige	1942	2022	2
00:25:50	Viveka Rüffel	Lk Nyköpings Runners / Sverige	1939	2019	1
00:27:05	Viveka Rüffel	Lk Nyköpings Runners / Sverige	1939	2021	1
00:27:46	Åse Rekkebo	Byåsen IL / Norway	1932	2013	1
00:28:36	Kristina Stannow	Lidingö / Sverige	1935	2016	1
00:29:47	Ingrid Benson	Stockholm / Sverige	1939	2019	2
00:29:52	Kristina Stannow	Lidingö / Sverige	1935	2017	1
00:30:03	Ingrid Benson	TbOK / Sverige	1939	2022	3
00:32:05	Kristina Stannow	Lidingö / Sverige	1935	2021	3

**K22 10 KM (K20 tom 1994)**

00:34:37	Christin Sörrum	Norge	1968	1986	1
00:35:08	Malin Ewerlöf	Södertälje IF	1972	1988	1
00:35:16	Malin Ewerlöf	Södertälje IF	1972	1989	1
00:35:48	Majken Sörrum	Norge	1968	1987	1
00:35:53	Anita Håkenstad	Norge	1968	1986	2
00:36:03	Moa Lundgren	Salomon / Sverige	1998	2019	1
00:36:04	Magdalena Thorsell	Bromma IF	1964	1984	1
00:36:09	Christin Sörrum	Norge	1968	1988	2
00:36:18	Anette Karlsson	IFK Växjö	1969	1986	3
00:36:27	Kristina Isakkila	Finland	1964	1982	1
00:36:39	Kristina Isakkila	Finland	1964	1985	1
00:36:43	Susanne Wigene	Norge / Norway	1978	1997	1
00:37:06	Sanni Klemelä	Forssan Salama / Finland	1990	2011	1
00:37:09	Gabriella Samuelsson	FGF Gotland / Sverige	1987	2009	1
00:37:10	Charlotte Kalla	IFK Tärendö / Sverige	1987	2009	2
00:37:14	Maria Larsson	Ögryte IS / Sverige	1994	2014	1
00:37:21	Mia Larsson	IFK Lund /	1981	2000	1
00:37:31	Linda Ström	Wedevågs IF /	1977	1998	1
00:37:25	Tilda Östberg	Borlänge LK / Sverige	2001	2022	1
00:37:31	Saara Nikander	Länsi-Uudenmaan Urheilijat / Finland	1994	2016	1
00:37:31	Saara Nikander	Länsi-Uudenmaan Urheilijat / Finland	1994	2014	2

**F18 5:6 KM t:o:m 2000**

00:19:39	Riina Tolonen	KU-58, Finland	1983	2000	1
00:19:41	Minna Myllykoski	Kauhavan Wisa, Finland	1982	1999	1
00:19:49	Minna Myllykoski	Kauhavan Wisa, Finland	1982	1998	1
00:19:57	Tuula Laitinen	Finland	1981	1997	1
00:20:00	Mia Larsson	IFK Lund	1981	1999	2
00:20:02	Tuula Laitinen	Finland	1981	1998	2
00:20:08	Johanna Nilsson	Högby IF	1983	1999	3
00:20:16	Riina Tolonen	Kenttärheilijat-58, Finland	1983	1999	4
00:20:17	Jessica Carlberg	Oskarkamns SK	1979	1996	1
00:20:24	Hanna Bremner	Tyresö FK	1983	2000	2
00:20:25	Ebba Stenbäck	Norrköping FIK	1981	1998	3
00:20:25	Galina Ignateva	St Petersburg, Ryssland	1983	2000	3
00:20:30	Jessica Carlberg	Oskarshamns SK	1979	1997	2
00:20:39	Laura Karpalisto	Finland	1977	1995	1
00:20:43	Ida Nilsson	Högby IF	1981	1999	5
00:20:44	Ida Nilsson	Högby IF	1981	1998	4
00:20:47	Linda Ström	Wedevågs IF	1977	1995	2
00:20:48	Marja Loukkola	Finland	1978	1996	2
00:20:49	Susanna Wiström	IFK Tumba Friidrott	1978	1996	3
00:20:49	Johanna Raja-Aho	Finland	1980	1997	3
00:20:54	Minna Nummela	Finland	1982	1998	5
00:21:04	Svetlana Vilina	St Petersburg, Ryssland	1984	2000	4
00:21:05	Rebecca Johansson	IF Göta	1981	1998	6
00:21:06	Magdalena Ottersten	Hälle IF	1985	2000	5
00:21:07	Annikka Yli-Kantola	Finland	1981	1997	4
00:21:07	Anna Bremner	Tyresö FK	1983	1999	6

**F18 4:5 KM 2001-2005 (uppdelat F17 och F19 fr:o:m: 2002)**

00:15:10	Riina Tolonen	KU-58	1983	2001	1
00:15:22	Johanna Nilsson	Högby IF	1983	2001	2
00:15:40	Paula Holma	IF VOM Finland	1985	2003	1
00:15:46	Ida Strandholm	Råby Rekarne FIF	1986	2002	1
00:16:07	Ingrid Vikman	IFK Mora	1985	2002	2
00:16:08	Annika Iltanen	Honkilahti, Finland	1986	2002	3
00:16:10	Anna Storlund	Voeraa, Finland	1984	2002	1

**F17 och F19 4 km: 2005-2009**

00:14:09	Suvi Miettinen	Finland	1988	2006	1
00:14:16	Christina Lindblom	Hässelby SK	1988	2006	2
00:14:21	Saara Skyttä	Finland	1987	2006	3
00:14:21	Suvi Miettinen	Finland	1988	2007	1
00:14:23	Sofia Öberg	IFK Lidingö FK	1990	2008	1
00:14:28	Sofia Öberg	IFK Lidingö FK	1990	2006	1

**F17 och F19 10 km: Ny bana fr:o:m: 2010**

00:35:45	Ebba Andersson	Sollefteå GIF Friidrott / Sverige	1997	2015	1
00:36:19	Frida Karlsson	Sollefteå GIF Friidrott / Sverige	1999	2018	1
00:36:21	Emma Kirkeberg Mørk	IF Hellas / Norway	2002	2019	1
00:36:55	Tilda Månsson	Fredrikshofs Friidrott / Sverige	2004	2022	1
00:36:57	Ebba Andersson	Sollefteå GIF Friidrott / Sverige	1997	2014	1
00:36:57	Heidi Mårtensson	Modum FIK / Norway	1995	2014	1
00:37:02	Carolina Johnson	Linköpings GIF / Sverige	1996	2014	2
00:37:05	Astrid Snäll	Turku / Finland	1999	2018	2
00:37:06	Ebba Andersson	Sollefteå GIF Friidrott / Sverige	1997	2013	1
00:37:14	Emma Kirkeberg Mørk	IF Hellas / Norway	2002	2018	1
00:37:16	Johanna Matintalo	Turun Urheiluliitto/Finland / Finland	1996	2014	3
00:37:18	Cajsa Alenius	Nyköping / Sverige	2006	2022	1
00:37:21	Heidi Mårtensson	Modum FIK / Norway	1995	2013	1
00:37:22	Hedda Bångman	Trångsvikens IF / Sverige	1995	2013	2
00:37:41	Isabelle Brauer	Hässelby SK / Sverige	1996	2012	1
00:37:42	Alva Malmsten Nilsson	Uppsala IF / Sverige			
00:37:44	Isabelle Brauer	Hässelby SK / Sverige	1996	2013	2
00:37:46	Maja Majbäck	Jukkasjärvi IF / Sverige	1998	2017	1
00:37:48	Saara Nikander	Länsi-Uudenmaan Urheilijat / Finland	1994	2013	3
00:37:49	Alva Malmsten Nilsson	Uppsala IF Friidrott / Sverige	2003	2022	2
00:37:55	Aino Kuljukka	Finland / Finland	1999	2016	1
00:37:56	Johanna Matintalo	Turun Urheiluliitto / Finland	1996	2013	3
00:37:58	My Rundgren	Luleå FI / Sverige	2003	2022	3
00:38:06	Heidi Mårtensson	Modum FIK / Norway	1995	2012	2
00:38:08	Saara Nikander	Länsi-Uudenmaan Urheilijat / Finland	1994	2010	1

**Rosa Bandet-loppet (f:d: LIDINGÖ TJEJLOPP) 10 KM**

00:33:27	Susanne Wigene	Norge / Norway	1978	2005	1
00:33:54	Sylvia Medugu	Maasai-Athletics / Denmark	1990	2017	1
00:34:05	Nancy Kiprop	Kenya / Kenya	1979	2005	2
00:34:13	Perine Nengampi	Kenya / Kenya	1989	2013	1
00:34:16	Pauline Njeri	Kenya / Kenya	1985	2008	1
00:34:19	Benita Johnson	Australia /	1979	2009	1
00:34:22	Ida Nilsson	Högby IF / Sverige	1981	2006	1
00:34:24	Nancy Kiprop	Kenya / Kenya	1979	2004	1
00:34:28	Webelam Ayele	Etiopien / Ethiopia	1989	2015	1
00:34:32	Yeshi Chekole	Etiopien / Ethiopia	1997	2017	2
00:34:38	Ann Marie Sandell	Finland / Finland	1977	2005	3
00:34:39	Ann Marie Sandell	Finland / Finland	1977	2008	2
00:34:39	Anna Thompson	Australien / Australia	1900	2006	2
00:34:44	Tigist Tufa	/ Ethiopia	1987	2007	1
00:34:50	Yewbdar Gele	Etiopien / Ethiopia	1989	2015	2
00:34:50	Sylvia Medugu	Kenya /	1990	2016	1
00:34:54	Susanne Wigene	Norge / Norway	1978	2004	2
00:34:56	Maeregu Shegae	Etiopien / Ethiopia	1999	2017	3
00:34:58	Gudeta Bekelech	/ Ethiopia	1997	2016	2
00:35:03	Isabellah Andersson	Hässelby SK / Sverige	1980	2010	1
00:35:06	Alemtsehay Asefa	Löparakademin /	1998	2018	1
00:35:06	Janet Ongera	Kenya /	1980	2002	1
00:35:06	Galina Emelianova	Kirovtec / Russia	1900	2005	4
00:35:11	Perine Nengampi	Kenya / Kenya	1989	2012	1
00:35:18	Ayantu Abera	Etiopien / Ethiopia	1995	2014	1
00:35:23	Isabellah Andersson	Hässelby SK / Sverige	1980	2009	2
00:35:23	Kirsten Otterbu	Norge / Norway	1970	2007	2
00:35:24	Charlotta Fougberg	Ullevi FK / Sverige	1985	2018	2
00:35:26	Isabellah Andersson	Hässelby SK / Sverige	1980	2011	1
00:35:28	Agnes Mutune	Kenya / Kenya	1986	2008	3
00:35:29	Filomena Chepchirchir	Kenia / Kenya	1900	2002	2
00:35:29	Kidsan Alema	Etiopien / Ethiopia	1995	2016	3
00:35:32	Filomena Chepchirchir	Kenya / Kenya	1900	2003	1
00:35:34	Jeri Emuru	Sundbybergs IK / Sverige	1989	2011	2
00:35:35	Daniela Fetcere	Lettland /	1990	2006	3
00:35:37	Galina Emilianova	Kirovetc / Russia	1976	2004	3
00:35:39	Webelem Ayele	/ Ethiopia	1989	2016	4
00:35:41	Anna Von Schenck	Hässelby SK / Sverige	1973	2010	2
00:35:42	Charlotta Fougberg	Ullevi FK / Sverige	1985	2016	5
00:35:42	Roman Mengistu	/ Ethiopia	1995	2015	3

**LIDINGÖLOPPET 15 (tävlingsklass fr:o:m: 2012)****Herrar**

00:45:37	Samuel Russom	IS Göta / Eritrea	1991	2020	1
00:45:43	Betesfa Ayele	Etiopien / Ethiopia	1995	2016	1
00:45:44	Samuel Tsegay	Hälle IF / Sverige	1988	2020	2
00:46:06	Abraha Adhanom	Eskilstuna FI / Sverige	1977	2018	1
00:46:07	Betesfa Ayele	Etiopien / Ethiopia	1995	2015	1
00:46:10	Jonas Leandersson	IF Göta / Sverige	1991	2020	3
00:46:13	Napoleon Solomon	Turebergs FK / Sverige	1994	2020	4
00:46:32	Abraham Adhanom	Eskilstuna Friidrott / Sverige	1977	2016	2
00:46:39	Abraham Adhanom	Eskilstuna Friidrott / Sverige	1977	2015	2
00:46:39	Abraham Adhanom	Eskilstuna FI / Sverige	1977	2020	5
00:46:41	Mikael Ekvall	Strömstad LK / Sverige	1989	2020	6
00:46:45	David Nilsson	Högby IF / Sverige	1987	2022	1
00:46:53	Olle Walleräng	Spårvägens FK / Sverige	1985	2020	7
00:46:56	Mikael Ekvall	Strömstad Löparklubb / Sverige	1989	2014	1
00:47:01	Masresha Bisetegn	Löparakademin /	1998	2018	2
00:47:03	David Nilsson	Högby IF / MotionMetrix / Sverige	1987	2018	3
00:47:04	Martin Regborn	KFUM Örebro / Sverige	1992	2020	8
00:47:04	Otto Kingstedt	Huddinge AIS / Sverige	1994	2020	9
00:47:06	Emil Millán De La Oliva	Eskilstuna FI / Sverige	2001	2019	1
00:47:08	Emil Svensk	Stora Tuna / Sverige	1993	2020	10
00:47:09	Semir Naser Sherif	Marocko / Morocco	1993	2014	2
00:47:09	Napoleon Solomon	Fredrikshofs Friidrottsförening	1993	2014	3

**Damer**

00:52:10	Charlotta Fougberg	Ullevi / Sverige	1985	2020	1
00:53:24	Meraf Bahta	Hälle IF / Sverige	1989	2020	2
00:53:39	Alemi Tsegaye	Etiopien / Ethiopia	1994	2016	1
00:54:02	Anastasia Denisova	Sävedalens AIK/BLR	1993	2021	1
00:54:17	Boneshi Tamene	Etiopien / Ethiopia	1997	2016	2
00:54:28	Anastasia Denisova	Sävedalens AIK/BLR	1993	2019	1
00:54:42	Anastasia Denisova	Sävedalens AIK/BLR	1993	2020	3
00:55:03	Kristine Engeset	Tjalve / Norway	1988	2018	1
00:55:09	Yitayish Agidew	SOLNA /	2000	2018	2
00:55:11	Kristine Eikrem Engeset	Norway / Norway	1988	2022	1
00:55:18	Hanna Lindholm	Huddinge AIS / Sverige	1979	2020	4
00:55:26	Sara Holmgren	Örgryte IS Friidrott / Sverige	1990	2019	2
00:55:36	Sara Holmgren	Sävedalens AIK / Sverige	1990	2016	3
00:55:59	Johanna Salminen	FK Studenterna / Sverige	1978	2020	5
00:56:01	Johanna Erikson	Motala AIF / Sverige	1981	2020	6
00:56:09	Sanna Mustonen	Hässelby SK / Sverige	1991	2020	7
00:56:24	Charlotte Andersson	IFK Umeå / Sverige	1985	2019	3
00:56:27	Derartu Delesa	Löparakademin /	1996	2018	3
00:56:41	Lisa Ring	IK Nocout.se / Sverige	1993	2016	4
00:56:50	Daniel Norberg	Spårvägens FK / Sverige	1978	2013	21
00:56:52	Lovisa Modig	Torsby Löparklubb / Sverige	1993	2022	2
00:56:56	Camilla Elofsson	Huddinge AIS / Sverige	1983	2019	4
00:57:00	Sara Holmgren	Sävedalens AIK / Sverige	1990	2015	18