2022 Startgrupp	Lidingöloppet 30 km	Lidingöloppet 15 km	Kosa Bandet- Loppet Lidingöloppet- Sistamilen (10	42,2 km Marathon	21,1 km Halvmarathon	5000 m	10000 m	LL kategori 1 (10 km)	LL kategori 3 11,6km	
Lidingöloppet 30 km										
1A (K) 1A	02:07:47	00:58:35	00:36:13	02:46:43	01:19:47	00:17:23	00:35:30	00:36:34	00:43:30	
1A (K) 1B	02:14:59	01:01:53	00:38:15	02:56:07	01:24:15	00:18:22	00:37:30	00:38:37	00:45:49	
1A (K) 1C	02:22:11	01:05:10	00:40:17	03:05:30	01:28:46	00:19:22	00:39:30	00:40:41	00:48:08	
1C	02:25:47	01:06:50	00:41:18	03:10:12	01:31:00	00:19:50	00:40:30	00:41:43	00:49:18	
2	02:40:11	01:13:26	00:45:24	03:28:59	01:39:59	00:21:48	00:44:30	00:45:50	00:53:56	
3	02:47:23	01:16:44	00:47:26	03:38:23	01:44:30	00:22:47	00:46:30	00:47:54	00:56:16	
4	02:54:35	01:20:02	00:49:29	03:47:46	01:48:59	00:23:46	00:48:30	00:49:57	00:58:35	
5	03:01:47	01:23:19	00:51:30	03:57:10	01:53:28	00:24:45	00:50:30	00:52:01	01:00:54	
6	03:12:35	01:28:17	00:54:35	04:11:15	02:00:12	00:26:13	00:53:30	00:55:06	01:04:23	
7	04:02:59	01:51:22	01:08:51	05:17:00	02:31:40	00:33:05	01:07:30	01:09:31	01:20:37	
8_9_10_11_12_13	04:06:35	01:53:02	01:09:52	05:21:42	02:33:56	00:33:34	01:08:30	01:10:33	01:21:47	
8_9_10_11_12_13	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57	02:32:27	
	Lidingöloppet 15 km									
1A	02:22:11	01:05:10	00:40:17	03:05:30	01:28:46	00:19:22	00:39:30	00:40:41	00:48:08	
1C	03:08:59	01:26:37	00:53:33	04:06:33	01:57:58	00:25:44	00:52:30	00:54:04	01:03:13	
2	03:52:11	01:46:26	01:05:48	05:02:55	02:24:55	00:31:37	01:04:30	01:06:26	01:17:08	
3_4_5	03:55:47	01:48:04	01:06:49	05:07:36	02:27:10	00:32:06	01:05:30	01:07:28	01:18:18	
3_4_5	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57	02:32:27	
	Rosa Bandet-loppet 10 km									
1A	03:01:47	01:23:19	00:51:30	03:57:10	01:53:28	00:24:45	00:50:30	00:52:01	01:00:54	
1B	03:19:47	01:31:35	00:56:37	04:20:39	02:04:42	00:27:12	00:55:30	00:57:10	01:06:42	
2	03:44:59	01:43:07	01:03:45	04:53:31	02:20:26	00:30:37	01:02:30	01:04:22	01:14:49	
3_4_5_6_7_8	03:48:35	01:44:46	01:04:47	04:58:13	02:22:41	00:31:07	01:03:30	01:05:24	01:15:59	
3_4_5_6_7_8	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57	02:32:27	