

Seedkod	2021 seedning	LL30	LL15	LL10/Rosa Bandet	Marathon	Halvmarathon	5 km	10 km	LL On Tour kategori 1
		Lidingöloppet 30km							
35	1A	02:07:47	00:58:35	00:36:13	02:46:43	01:19:47	00:17:23	00:35:30	00:36:34
37	1B	02:14:59	01:01:53	00:38:15	02:56:07	01:24:15	00:18:22	00:37:30	00:38:37
38	1C	02:18:35	01:03:32	00:39:16	03:00:48	01:26:31	00:18:52	00:38:30	00:39:39
40	2	02:25:47	01:06:50	00:41:18	03:10:12	01:31:00	00:19:50	00:40:30	00:41:43
43	3	02:36:35	01:11:47	00:44:23	03:24:17	01:37:44	00:21:19	00:43:30	00:44:48
45	4	02:43:47	01:15:05	00:46:24	03:33:41	01:42:15	00:22:18	00:45:30	00:46:52
47	5	02:50:59	01:18:23	00:48:27	03:43:04	01:46:44	00:23:17	00:47:30	00:48:55
49	6	02:58:11	01:21:41	00:50:30	03:52:28	01:51:13	00:24:15	00:49:30	00:50:59
52	7	03:08:59	01:26:37	00:53:33	04:06:33	01:57:58	00:25:44	00:52:30	00:54:04
56	8	03:23:23	01:33:13	00:57:38	04:25:20	02:06:57	00:27:41	00:56:30	00:58:12
60	9	03:37:47	01:39:49	01:01:43	04:44:07	02:15:57	00:29:38	01:00:30	01:02:19
99	10 11 12 13	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57
		Lidingöloppet 15km							
38	1A	02:18:35	01:03:32	00:39:16	03:00:48	01:26:31	00:18:52	00:38:30	00:39:39
40	1B	02:25:47	01:06:50	00:41:18	03:10:12	01:31:00	00:19:50	00:40:30	00:41:43
44	1C	02:40:11	01:13:26	00:45:24	03:28:59	01:39:59	00:21:48	00:44:30	00:45:50
47	1D	02:50:59	01:18:23	00:48:27	03:43:04	01:46:44	00:23:17	00:47:30	00:48:55
52	2	03:08:59	01:26:37	00:53:33	04:06:33	01:57:58	00:25:44	00:52:30	00:54:04
56	3	03:23:23	01:33:13	00:57:38	04:25:20	02:06:57	00:27:41	00:56:30	00:58:12
60	4	03:37:47	01:39:49	01:01:43	04:44:07	02:15:57	00:29:38	01:00:30	01:02:19
65	5	03:55:47	01:48:04	01:06:49	05:07:36	02:27:10	00:32:06	01:05:30	01:07:28
72	6	04:20:59	01:59:37	01:13:57	05:40:28	02:42:55	00:35:31	01:12:30	01:14:40
99	7 8 9 10	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57
		Rosabandet loppet							
50	1A	03:01:47	01:23:19	00:51:30	03:57:10	01:53:28	00:24:45	00:50:30	00:52:01
55	1B	03:19:47	01:31:35	00:56:37	04:20:39	02:04:42	00:27:12	00:55:30	00:57:10
60	2	03:37:47	01:39:49	01:01:43	04:44:07	02:15:57	00:29:38	01:00:30	01:02:19
65	3	03:55:47	01:48:04	01:06:49	05:07:36	02:27:10	00:32:06	01:05:30	01:07:28
72	4	04:20:59	01:59:37	01:13:57	05:40:28	02:42:55	00:35:31	01:12:30	01:14:40
86	5	05:11:23	02:22:44	01:28:14	06:46:13	03:14:22	00:42:23	01:26:30	01:29:06
99	6 7 8	05:56:23	02:43:21	01:40:59	07:44:56	03:42:27	00:48:31	01:39:00	01:43:57